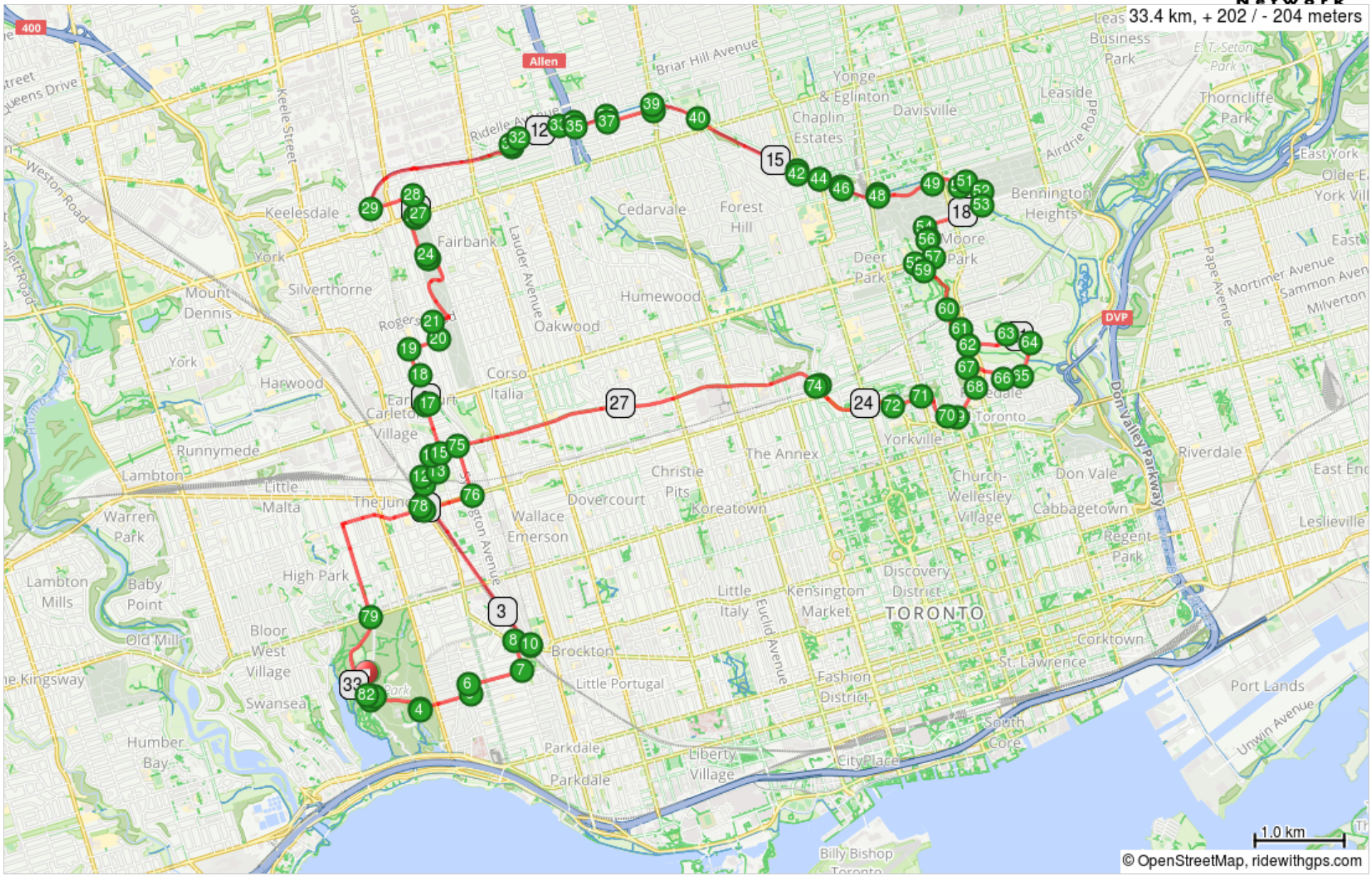
High Park to Beltline Express



Wednesday Evening Rides, Toronto Bicycling Network

High Park to Beltline Express

Num	Dist	Type	Next	Note
1.	0.0	▶	0.1	Start of route
2.	0.1	↑	0.6	Continue straight onto Centre Rd
3.	0.6	→	0.0	Slight R onto Spring Rd
4.	0.6	←	0.6	L onto High Park Blvd
5.	1.2	←	0.1	L onto Sunnyside Ave
6.	1.4	→	0.6	R onto Westminster Ave
7.	2.0	←	0.3	L onto Sorauren Ave
8.	2.3	→	0.2	R onto Dundas St W
9.	2.5	←	0.0	L onto Sterling Rd
10.	2.5	←	2.2	L onto W Toronto Railpath
11.	4.8	←	0.1	L onto Osler St
12.	4.9	→	0.2	R onto Pelham Ave
13.	5.0	←	0.2	L onto Uxbridge Ave
14.	5.2	→	0.1	R into alley, follow it to Laughton Ave.
15.	5.3	←	0.6	L onto Laughton Ave.

5.3 kilometers. +45/-20 meters

Num	Dist	Type	Next	Note
16.	5.9	→	0.0	Dismount bike, cross on cross walk and R onto St Clair Ave W sidewalk and walk bike to Prescott Ave.
17.	6.0	←	0.3	L onto Prescott Ave
18.	6.3	←	0.4	Prescott Ave turns L and becomes Rockwell Ave
19.	6.7	↑	0.4	Pedestrian overpass
20.	7.0	←	0.2	L onto McRoberts Ave
21.	7.2	→	1.1	R onto Rogers Rd
22.	8.3	→	0.0	R towards Kitchener Ave.
23.	8.3	⚠	0.0	Stop. Kitchener Avenue is a real road. Look both ways and cross with caution.
24.	8.4	←	0.5	L in the cemetery and continue to climb.
25.	8.9	←	0.0	L towards the gates at Eglinton Ave.

3.5 kilometers. +29/-2 meters

Num	Dist	Type	Next	Note
26.	8.9	→	0.1	R on Eglinton Ave. West
27.	9.0	←	0.2	L onto Little Blvd
28.	9.2	←	0.5	L onto Bowie Ave
29.	9.7	→	1.9	R onto the York Beltline Trail.
30.	11.6	←	0.0	L
31.	11.6	→	0.1	R onto Beograd Gardens
32.	11.7	→	0.5	R onto Roselawn Ave
33.	12.2	↑	0.2	Continue onto Elm Ridge Dr
34.	12.4	→	0.1	R toward Kay Gardner Beltline Trail
35.	12.4	←	0.4	L onto Kay Gardner Beltline Trail
36.	12.8	→	0.1	R onto Old Park Rd
37.	12.9	←	0.5	L onto Shallmar Blvd
38.	13.4	←	0.1	L onto Bathurst St

4.5 kilometers. +35/-16 meters

Num	Dist	Type	Next	Note
39.	13.5	→	0.5	R onto Kay Gardner Beltline Trail
40.	14.0	↑	1.3	Continue straight to stay on Kay Gardner Beltline Trail
41.	15.2	→	0.0	R toward Kay Gardner Beltline Trail
42.	15.3	←	0.3	L onto Kay Gardner Beltline Trail
43.	15.6	←	0.0	L onto Oriole Pkwy
44.	15.6	→	0.3	R onto Frobisher Ave
45.	15.8	→	0.0	R onto Lascelles Blvd
46.	15.8	←	0.4	L onto Kay Gardner Beltline Trail
47.	16.3	→	0.0	R
48.	16.3	←	0.6	L
49.	16.9	←	0.4	Slight L
50.	17.3	←	0.1	L
51.	17.4	→	0.2	R
52.	17.6	→	0.2	R

4.2 kilometers. +3/-39 meters

Num	Dist	Type	Next	Note
53.	17.8	➡	0.7	R onto Moore Ave
54.	18.5	⬆	0.1	Continue onto Inglewood Dr
55.	18.6	➡	0.0	R at Heath St E
56.	18.6	⬅	0.2	L onto Inglewood Dr
57.	18.8	➡	0.2	R onto St Clair Ave E
58.	19.1	⬅	0.1	L onto Avoca Ave
59.	19.2	⬅	0.6	Slight L onto David Balfour Park Trail
60.	19.8	⬅	0.3	Slight L
61.	20.1	➡	0.2	R
62.	20.3	⬅	0.5	Slight L onto Roxborough Dr
63.	20.8	⬆	0.3	At the roundabout, 1st exit onto Highland Ave
64.	21.1	➡	0.4	R onto Glen Rd
65.	21.5	➡	0.2	R at the 1st cross street onto South Dr
66.	21.7	➡	0.4	R onto Crescent Rd

4.1 kilometers. +27/-58 meters

Num	Dist	Type	Next	Note
67.	22.2	⬅	0.2	L onto South Dr
68.	22.4	➡	0.4	R onto Park Rd
69.	22.8	➡	0.1	R onto Rosedale Valley Rd
70.	22.9	⬆	0.4	Continue onto Aylmer Ave
71.	23.4	⬆	0.3	Continue onto Belmont St
72.	23.7	➡	1.0	R onto Davenport Rd
73.	24.7	⬅	0.1	L onto Macpherson Ave
74.	24.7	➡	4.2	Macpherson Ave turns R and becomes Davenport Rd
75.	28.9	⬅	0.6	L onto Symington Ave
76.	29.5	➡	0.6	R onto Dupont St
77.	30.0	➡	0.1	R to stay on Dupont St
78.	30.1	➡	2.0	R onto Old Weston Rd. then immediately L to position yourself to cross at the lights towards Annette St.

8.4 kilometers. +41/-31 meters

Num	Dist	Type	Next	Note
79.	32.1	⬆	1.1	Continue onto Colborne Lodge Dr
80.	33.3	⬅	0.1	Slight L onto Colborne Lodge Dr
81.	33.3	⬅	0.1	L at Centre Rd
82.	33.4	🏁	0.0	End of route

3.3 kilometers. +9/-18 meters