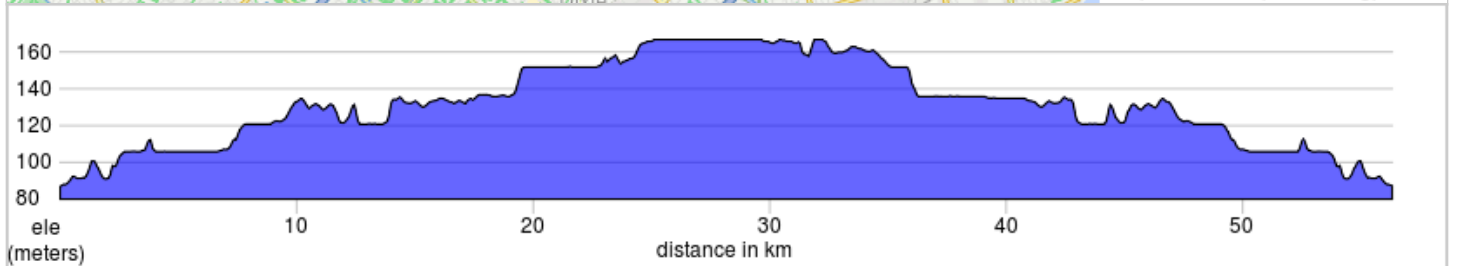
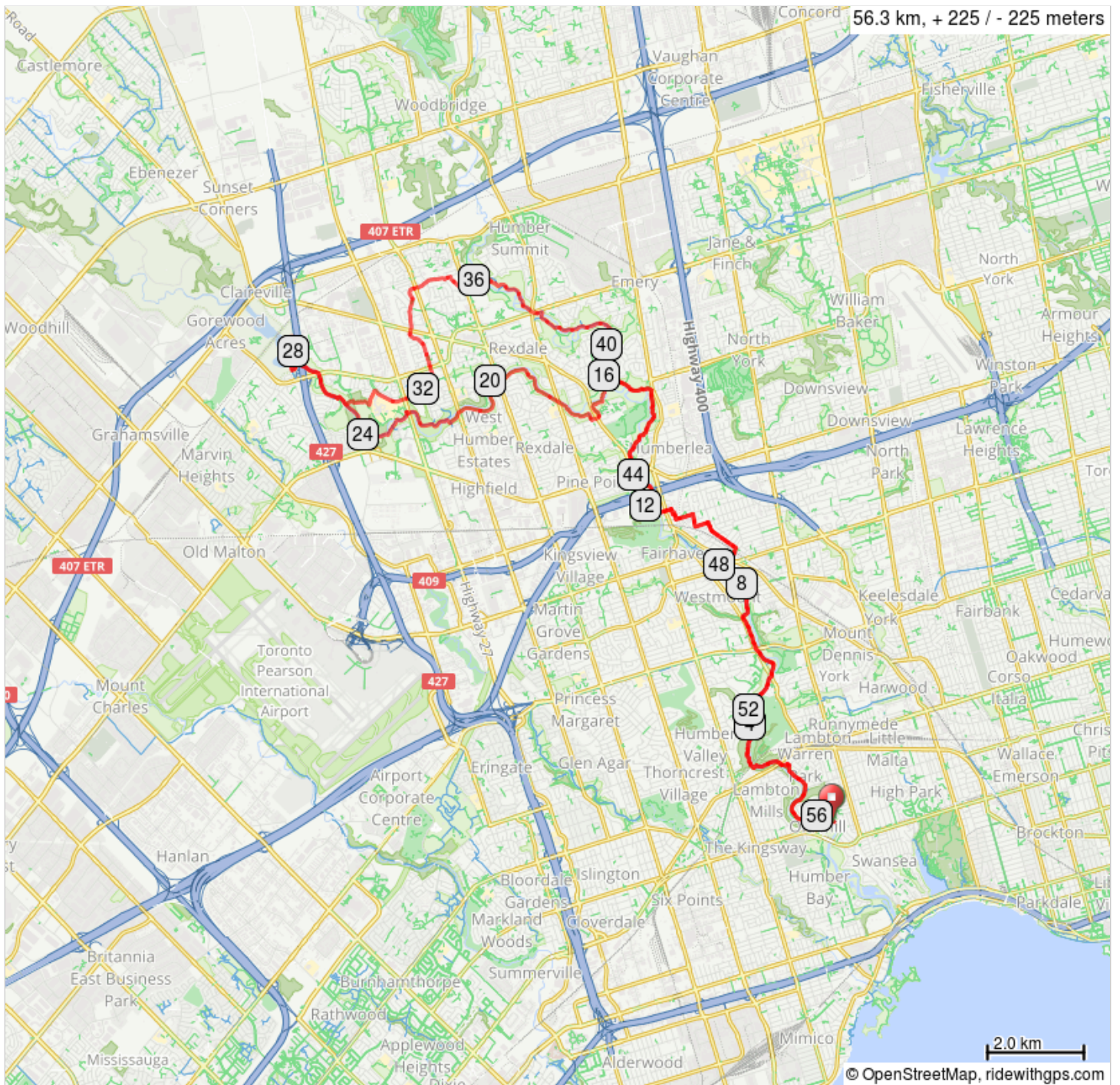




TNR - Pan Am Path West



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Next	Dist	Type	Note
2.2	0.0		Start of route
0.0	2.2	←	L onto Lundy Ave
0.7	2.3	←	L onto Old Dundas St
0.2	3.0	←	L onto bridge and dismount bike.
0.9	3.1	→	Remount bike and make slight R to continue on the path.
0.2	4.0	→	R towards parking lot.
0.4	4.2	→	R towards restrooms.
1.1	4.6	←	L to get onto Humber Trail.
0.7	5.8	→	R and take underpass.
0.1	6.5	↑	REGROUP point. Then cross Eglinton on sidewalk for 50 metres.
1.6	6.6	→	R onto bike path near statue.
0.4	8.2	←	Slight L towards arena and Lion's Park
0.1	8.6	→	R into parking lot.
0.0	8.7		REGROUP near Weston Arena.
0.1	8.7	←	L onto Hickory Tree Rd
0.2	8.8	↑	Continue onto Little Ave
0.1	9.1	↑	Continue onto Elsmere Ave
0.2	9.2	→	R into parking lot.
0.8	9.4	←	L onto Rosemount Ave
0.3	10.2	←	L onto Queenslea Ave
0.3	10.5	→	Queenslea Ave turns R and becomes Yelland St
0.4	10.8	←	L onto Oak St
0.1	11.2	→	R onto Knob Hill Dr
0.0	11.3	←	L into parking lot.
0.1	11.3	→	R into under ground parking lot.
0.3	11.4	←	L towards street exit.
0.5	11.7	→	R onto Humber River Recreational Trail
3.9	12.2	→	R to stay on Humber River Recreational Trail
1.2	16.1	←	L
0.1	17.3	→	R onto trail (not clearly marked, just a yellow post)
4.2	17.5	←	L

17.5 kilometers. +104/-57 meters

Next	Dist	Type	Note
1.1	21.7	←	L after crossing birdge.
0.1	22.8	→	R and follow the pond.
0.3	22.8	→	R onto W Humber Trail
3.3	23.1	←	Slight L to stay on W Humber Trail
0.7	26.4	→	R onto Indian Line
0.3	27.1	←	L
0.3	27.4	↻	Make a U-turn
0.7	27.6	←	R onto Indian Line
0.5	28.3	→	L onto W Humber Trail
1.1	28.9	←	Slight L to stay on W Humber Trail
0.2	30.0	←	L
0.0	30.1	→	R
0.3	30.2	←	Slight L
0.3	30.5	←	L toward Humber College Blvd
0.0	30.8	→	R toward Humber College Blvd
1.4	30.9	→	R onto Humber College Blvd
0.3	32.3	←	L onto John Garland Blvd
2.6	32.6	↑	Continue onto Silverstone Dr
0.1	35.2	←	L onto Beaconhill Rd
0.4	35.3	→	R onto Annabelle Dr
0.2	35.8	↑	Continue onto Rowntree Rd
0.3	36.0	←	L onto Humber River Recreational Trail Entrance off of sidewalk past shopping centre.
1.5	36.3	→	R onto Bike Route 15
1.9	37.8	→	Slight R to stay on Humber River Recreational Trail
1.0	39.7	→	R to stay on Humber River Recreational Trail
3.9	40.7	←	L to stay on Humber River Recreational Trail
0.5	44.6	←	L to stay on Humber River Recreational Trail
0.2	45.1	←	L onto Cardell Ave
0.1	45.3	↑	Continue across Weston Rd and enter the underground parking lot.
0.1	45.4	←	L towards the exit.

27.9 kilometers. +64/-85 meters

Next	Dist	Type	Note
0.2	45.5	➡	R onto Knob Hill Dr
0.4	45.7	⬅	L onto Oak St
0.3	46.0	➡	R onto Yelland St
0.3	46.3	⬅	Yelland St turns L and becomes Queenslea Ave
0.8	46.6	➡	R onto Rosemount Ave
0.2	47.4	➡	R onto John St
0.2	47.5	⬅	L onto John St.
0.2	47.7	⬆	Continue onto Little Ave
0.0	48.0	➡	R onto Lawrence Ave W
0.1	48.0	➡	R onto bike path.
5.0	48.1	⬅	Sharp L onto bike path.
0.1	53.1	⬅	L
0.2	53.2	□	Dismount your bike and walk across pedestrian bridge.
0.7	53.4	➡	Remount your bike & R onto path.
0.0	54.0	⬅	L onto Old Dundas St
0.0	54.1	➡	R onto Lundy Ave
2.2	54.1	➡	R onto bike path.
0.0	56.3	▣	End of route