

0.0	📍	Start of route	0.0
0.1	←	Head west, exit parking thru path	0.1
0.3	↑	Cross Talbot Rd, thru walkway to Blake Ave	0.4
0.7	→	R onto Grantbrook St	1.1
0.4	←	L onto Drewry Ave	1.6
0.9	↑	Continue onto Antibes Dr/Don Lake Gate	2.5
0.1	→	R onto Antibes Dr	2.6
0.4	→	R to stay on Antibes Dr	3.0
1.1	↑	Continue onto Thurman Rd	4.1
0.2	←	L onto Conley St	4.3
0.4	→	R onto New Westminster Dr	4.7
0.4	→	R into School and regroup	5.1
0.2	←	L onto Mullen Dr	5.2

5.2 kilometers. +11/-5 meters

0.1	↑	Continue onto Joseph Aaron Blvd	5.3
0.8	←	L onto Clark Ave	6.1
0.7	↑	Enter path at end of Clark Ave	6.8
0.1	→	Sharp R at path	6.8
0.5	←	Slight L at fork to underpass	7.3
1.4	↑	Cross Rivermede to McDonald's (Washrooms)	8.7
0.1	→	R onto N Rivermede Rd	8.8
1.5	←	L onto Connie Crescent	10.3
0.7	←	L onto Langstaff Rd	11.1
0.7	→	R onto Planchet Rd	11.7
0.2	→	R onto Basaltic Rd	11.9
2.1	↑	Continue onto Barrhill Rd	14.0
0.6	←	L onto Fieldgate Dr	14.7

9.4 kilometers. +49/-13 meters

0.6	↑	Continue onto Cromwell Rd	15.2
0.5	→	R onto Greenock Dr	15.7
0.8	←	L onto Lancer Dr	16.6
0.1	→	R onto Clemson Crescent	16.6
0.3	←	L onto Netherford Rd	16.9
0.6	↑	Continue onto Killian Rd	17.5
0.6	←	L onto Brice St	18.1
0.1	→	R onto Oliver Ln	18.2
0.2	↑	Enter path	18.4
0.0	→	R at playground	18.5
0.0	←	L at at baseball diamond	18.5
0.1	←	Stay L at fork to parking	18.6
0.2	→	R onto McNaughton Rd	18.8
1.7	↑	Continue onto Peter Rupert Ave	20.5
2.1	↑	Continue onto Confederation Pkwy	22.6

7.9 kilometers. +60/-56 meters

2.0	→	R on 2nd driveway after Floral Pkwy	24.6
0.2	→	R onto Fernstaff Ct	24.8
0.3	↘	Use walkway to Tim Hortons	25.1
0.2	→	R onto Langstaff Rd	25.4
0.4	←	L onto N Rivermede Rd	25.8
1.8	→	R at Trail. (Before Gas station)	27.6
1.9	↙	Sharp L at path to Clark Ave	29.5
0.1	↑	Continue onto Clark Ave W	29.6
0.2	↑	Cross Dufferin St. Continue on Clark Ave	29.7
0.5	→	R onto Joseph Aaron Blvd	30.3
0.8	→	R onto New Westminster Dr	31.0
0.5	→	R onto Conley St	31.5

8.9 kilometers. +7/-35 meters

0.7	↑	Cross Steeles Ave. Continue onto Hidden Trail	32.2
1.1	→	R at path (House 326)	33.3
0.1	→	R at path	33.4
0.2	↖	Sharp L after Bridge	33.6
0.3	→	R onto Torresdale Ave	33.9
0.3	←	L onto path	34.2
0.4	←	L onto Finch Corridor Recreational Trail	34.6
1.0	↑	Cross Bathurst St to Path	35.5
1.8	↑	Cross Talbot Rd to Blake Ave	37.3
0.3	←	L to parking	37.6
0.1	📍	End of route	37.7

6.2 kilometers. +2/-2 meters