










































0.0		Start of route	0.0
0.0		START: Head North on Humber bike path	2.2
2.2		L onto Lundy Ave	0.0
2.3		L onto Old Dundas St	0.1
2.4		Continue on Humber Trail	1.7
4.0		L to James Park washrooms	0.3
4.3		Continue past tennis club and through parking lot	0.3
4.6		L on Humber Trail Watch for bikes!	1.5
6.2		L at Eglinton crossing Scarlett Rd.	0.1
6.2		R on Rte 22, Eglinton Bike Path	4.8
11.1		L. left into West Deane Park	2.4
13.5		Continue through Ravenscrest Pk. and Hampshire Heights Pk.	1.6
15.2		L onto Wingrove Hill	0.2
15.4		R onto Haliburton Ave	0.6
16.0		R onto Rathburn Rd	0.6
16.7		R onto Remington Dr	0.3
16.9		L onto Great Oak Dr	0.3
17.3		R onto Cedarland Dr	0.4
17.6		L on Orrell Ave	0.3
18.0		Cross Islington and continue on Finchley	0.1
18.1		R on Chestnut Hills Pkwy	0.4
18.5		L on Chestnut Hills Crescent	0.1
18.6		L on Dundas St then R on Donneybrook	0.3
18.9		R onto Loyalist Rd then L to go through park	0.1
19.0		R onto Allanbrooke Dr	0.3
19.3		L onto Montgomery Rd and go under the bridge	0.1
19.5		R. Go past parking lot and arena	0.2
19.7		Cross the bridge and turn L	0.4
20.1		R on Bloor to cross with lights at Aberfoyle	0.1
20.3		L to go East on Bloor	0.4

20.3 kilometers. +114/-86 meters

20.7		R. on Thompson Ave	0.9
21.5		L on Royal York Rd	0.0
21.6		R on Glenroy Ave	0.5
22.1		R on Prince Edward Dr S	0.1
22.2		L on Glenaden Ave E	0.7
22.9		L on Riverwood Pkwy. to go into valley	0.2
23.1		L on Humber I Trail	0.9
23.9		R on Old Mill Rd	0.1
24.1		Continue onto Catherine St	0.1
24.1		L into parking lot. END	0.1
24.2		End of route	0.0

4.0 kilometers. +15/-39 meters