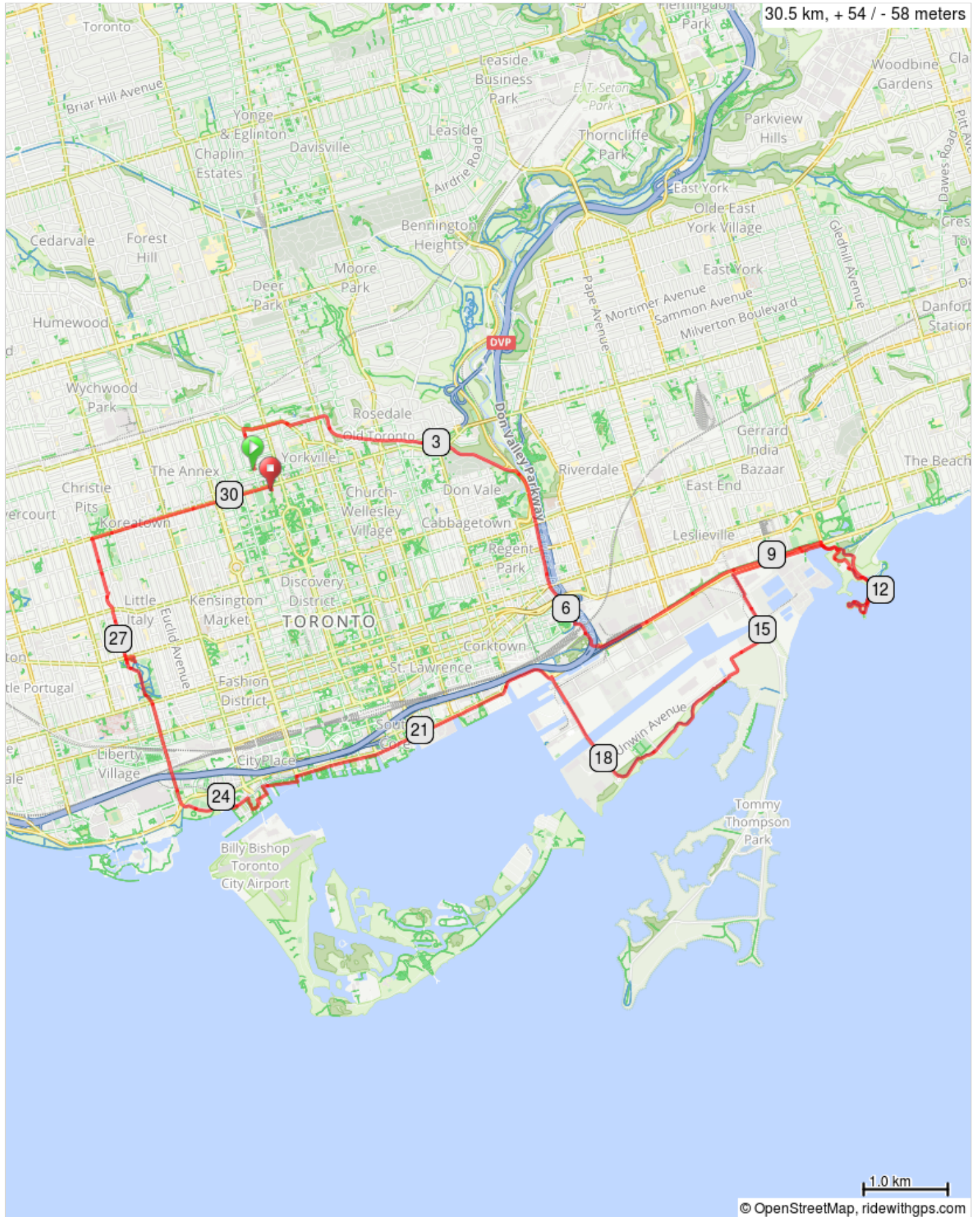






























3M Long Form - vicki modified















3M Long Form - vicki modified

Next	Type	Note	Dist
0.0		Start of route	0.0
0.5		Start: Taddle Creek Park, Bedford Rd.	0.0
0.6		R on Davenport Rd	0.5
0.8		L on Belmont St	1.1
2.1		Continue on Rosedale Valley Rd	1.8
1.7		South on Bayview Ave	4.0
0.5		Through Corktown Common	5.7
0.3		L onto Lower Don River Trail/Rte 45	6.2
0.2		L to cross bridge over Don river	6.5
2.9		Continue East on north side of Lakeshore Blvd.	6.7
0.0		R to cross Lakeshore to Martin Goodman Trail	9.6
0.2		L on Martin Goodman Trail	9.6
0.2		Right onto Ashbridges Bay Park Rd	9.9

9.9 kilometers. +9/-47 meters

Next	Type	Note	Dist
0.4		Slight left	10.0
0.2		R on Martin Goodman Trail	10.5
0.1		Continue past washrooms	10.7
1.3		Keep to the right for circling the loop	10.8
0.7		Continue north again	12.1
0.3		Return to Lakeshore	12.8
1.1		Continue west on south side of Lakeshore Blvd.	13.1
0.8		L at Leslie	14.2
2.8		R on Unwin Ave	15.1
1.4		North on Cherry st. after washrooms	17.8
3.9		L at Lakeshore to stay on Martin Goodman Trail	19.2
0.1		Left toward Eireann Quay	23.1
0.1		Right toward Eireann Quay	23.2
0.0		Left onto Eireann Quay	23.3
0.1		Right toward Queens Quay W	23.4

13.5 kilometers. +7/-3 meters

Next	Type	Note	Dist
0.2		Right toward Queens Quay W	23.5
0.1		L on Queens Quay W	23.6
0.8		Continue onto Martin Goodman Trail/Waterfront Trail	23.8
1.3		North on Strachan Ave	24.6
0.5		Slight left through Trinity Bellwoods Pk.	25.9
0.4		R on Crawford St	26.4
0.8		North on Crawford St	26.8
0.7		Left to stay on Crawford St	27.6
2.2		R on Bloor St.	28.3
0.0		Right onto Philosopher's Walk	30.5
0.0		Coffee at Koerner Hall	30.5
0.0		End of route	30.5

7.2 kilometers. +37/-7 meters