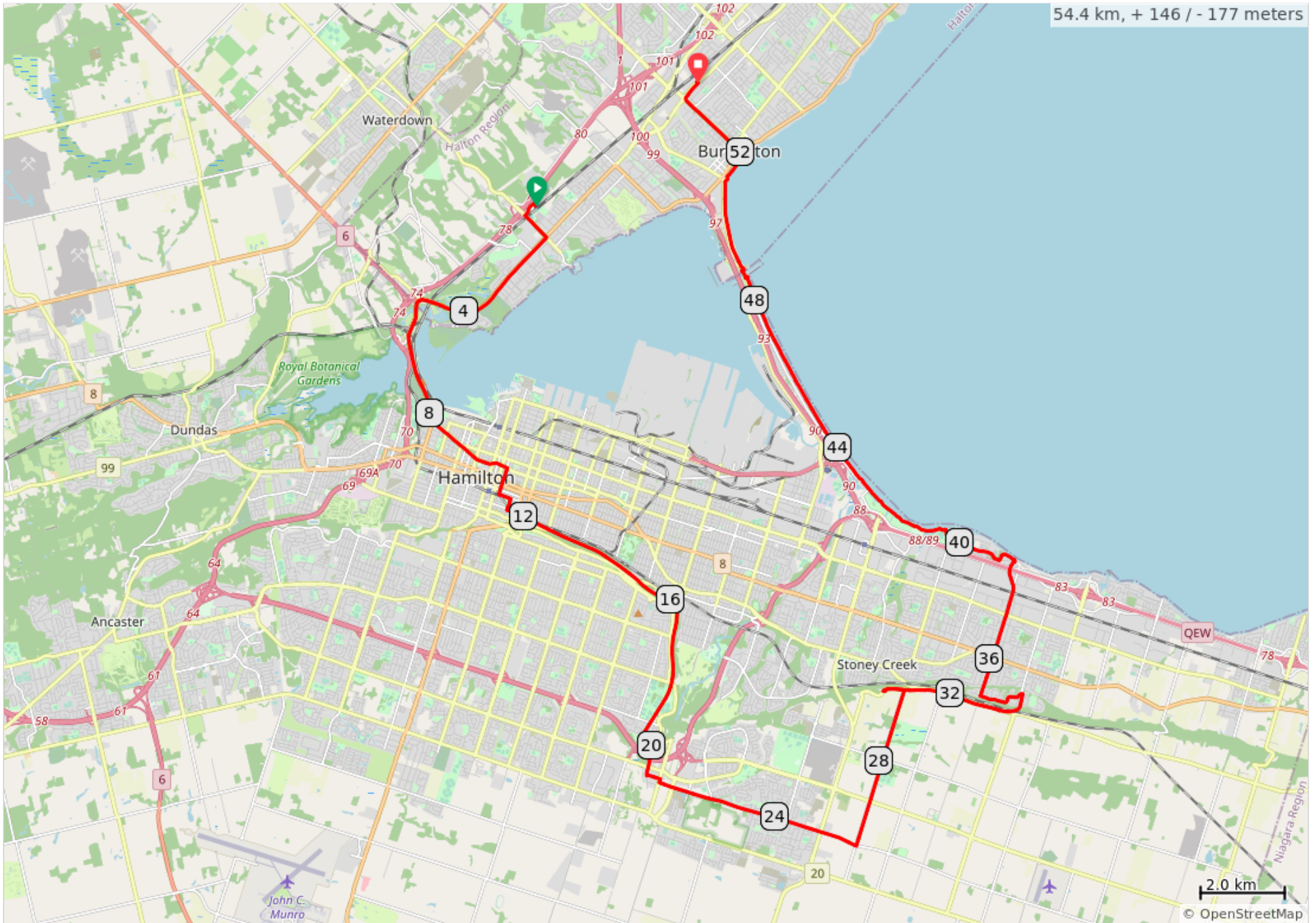


# Mary's Hamilton Escarpment Tour



54.4 km, + 146 / - 177 meters



Mary's Hamilton Escarpment Tour

0.0	📍	Start of route	0.0
0.1	➡	From Aldershot GO, exit Parking Lot at VIA sign.	0.0
0.5	←	L at the lights	0.2
0.7	←	L onto Waterdown Rd	0.6
3.8	➡	R onto Plains Rd W	1.4
4.8	↑	Continue onto York Blvd	5.1
0.3	↑	Continue onto Wilson St	9.9
0.6	➡	R onto Catharine St N	10.3
0.3	←	L onto Hunter St E	10.9
0.2	➡	R onto Ferguson Ave S	11.2
0.1	➡	R into parkette and under the bridge	11.4
8.4	←	Cross Young and turn L onto Escarpment Rail Trail Corktown Park, WASHROOMS	11.5
0.3	➡	R onto Arbour Rd	19.9
0.2	↑	Cross bridge over Alexander Parkway	20.3
0.2	↑	Arbour Rd. becomes Anchor Rd	20.5
0.3	←	L onto Bigwin Rd	20.7
0.1	➡	R onto Pritchard Rd	21.0
0.3	←	L onto Highland Rd W	21.1
4.5	↑	Cross Red Hill Valley Parkway and Centennial Parkway (25.1)	21.4
3.8	←	L onto First Rd E	26.0
0.5	←	L onto Ridge Rd	29.8
0.1	➡	R Into devil's Punchbowl Conservation Area  (Snacks LUNCH)	30.3
2.8	←	Return- Turn L onto Ridge Rd	30.4
0.4	←	L onto Dewitt Rd walking down paved bike lane going one way UP escarpment. STEEP SLOPE (Approx. 5-8 minutes)	33.2
0.4	↑	Dewitt becomes northbound and southbound. Continue on Dewitt.	33.6
1.1	←	L onto Maple Dr	34.0

34.0 kilometers. +146/-94 meters

3.1	➡	R onto Millen Rd	35.1
0.3	↑	Cross QEW and continue on Millen to Lake.	38.2
0.6	←	L on Waterfront Trail	38.5
1.2	↑	Continue onto Frances Ave	39.1
0.1	➡	R onto Gray Rd	40.3
0.3	←	L onto Breezeway Trail/ into Confederation Park	40.4
8.0	➡	R onto Breezeway Trail/ Waterfront Trail crossing bridge	40.7
0.1	←	L onto Waterfront Trail	48.7
0.3	↑	Cross Burlington Lift Bridge	48.8
2.0	➡	Slight R to stay on Waterfront Trail	49.1
0.8	➡	R into Spencer Park in Burlington	51.2
0.1	←	L to stay on Waterfront Trail	51.9
0.0	↑	Cross Lakeshore Rd. Dinner at Express Restaurant? (on the left)	52.0
1.8	↑	Continue on Brant St.	52.0
0.5	➡	R onto Fairview St	53.8
0.0	←	L to Burlington GO	54.3
0.0	📍	End of route	54.4

20.4 kilometers. +0/-0 meters