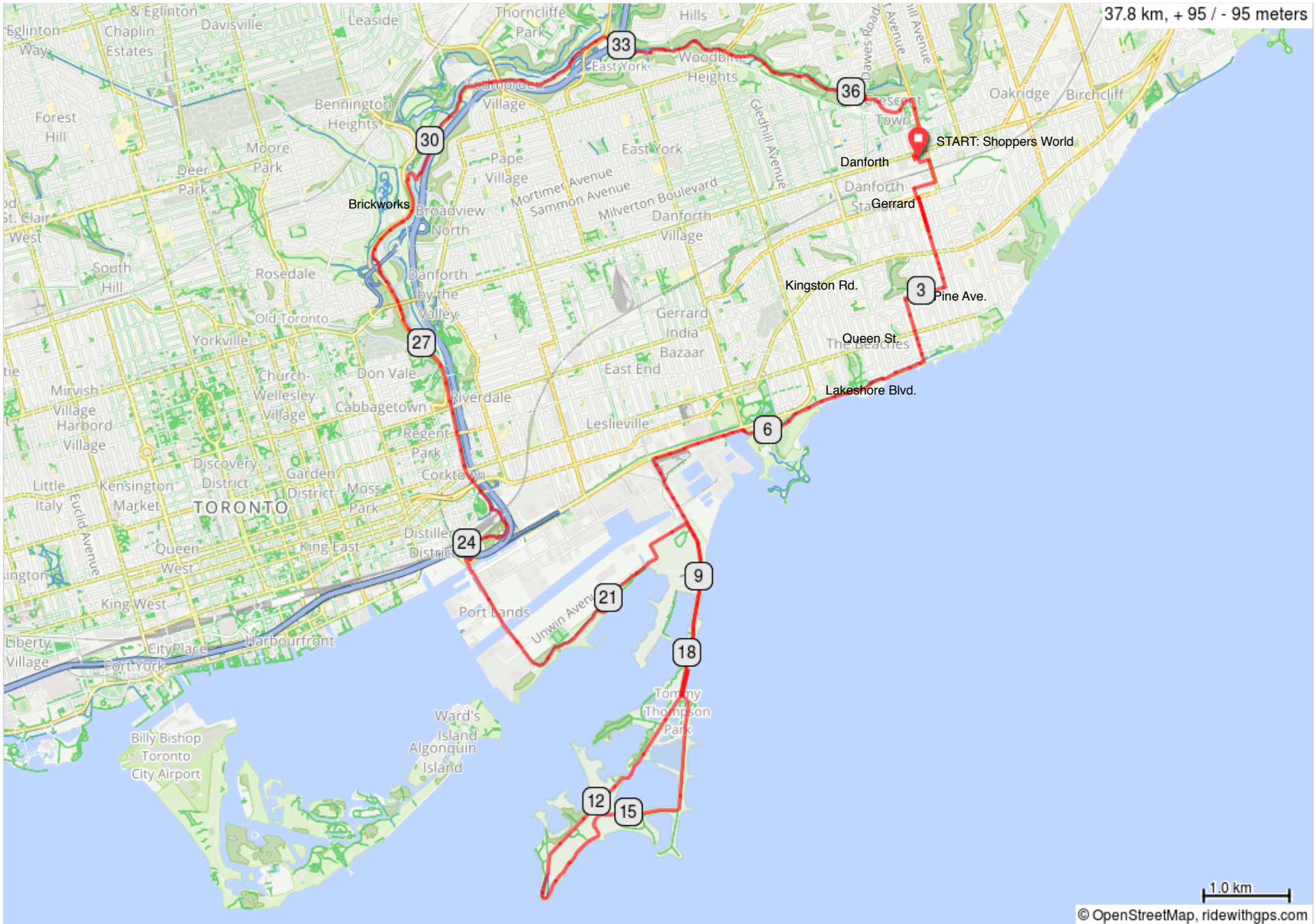


Leslie St. Spit



37.8 km, + 95 / - 95 meters



1.0 km

Leslie St. Spit

0.0		Start of route	0.0
0.0		START: Shoppers World Victoria Park and Danforth	0.0
0.2		R on Victoria Park Ave	0.2
0.3		R on Musgrave St	0.4
0.3		L on Dengate Rd	0.7
0.1		Cross Gerrard and continue on Scarborough Rd.	0.8
1.5		Cross Kingston Rd.	2.3
0.0		Continue on Scarborough Rd	2.3
0.4		R on Pine Ave	2.7
0.5		L on Balsam Ave	3.2
0.8		R on Martin Goodman Trail	4.0
2.4		L Stay on south side of Lakeshore Blvd.	6.4
1.1		L on Leslie St	7.5
0.9		Ride the Spit, 4.9 km to lighthouse and 5.5 km return	8.3
4.8		View Lighthouse	13.1

13.1 kilometers. +0/-46 meters

1.5		Return by the eastern part of the Spit.	14.6
4.9		L on Unwin Ave	19.6
0.8		At double bridge, left bridge to Goodman bike trail	20.4
1.9		R on Cherry St.	22.2
1.5		R to cross Lakeshore Blvd onto Don River bike trail	23.7
1.1		L under Corktown underpass	24.8
0.1		Keep right after underpass to Bayview Extension	24.9
2.0		R on Bayview Extension bike path at Rosedale Valley Road	26.9
1.7		L into Brickworks for LUNCH	28.6
0.7		R on Pottery Rd. Ride in centre of lane	29.3
0.2		L to centre median and cross carefully to Don Valley bike path	29.5
3.6		L past Elephant legs to Taylor Creek Trail	33.1
3.1		R on Dawes Rd	36.1

23.0 kilometers. +78/-46 meters

0.1		L on Crescent Town Rd	36.2
0.7		R on Victoria Park Ave	36.9
0.6		R into Shoppers World parking lot after Danforth	37.5
0.3		End of route	37.8

1.7 kilometers. +17/-4 meters