Hello Hairshirt registrants,

Thanks for registering for the Hairshirt.

As of Friday, 2:30 PM: The routes on RideWithGPS have been updated with a warning at 141.4 km about a hole in the road. Reload them into your Garmin or phone so you get an alert. The PDFs with the cue sheets and the map have not been updated, so your printouts won't have the warning. Write it in. (More about the hole, below).

The plan for SUNDAY, June 24, 2018

5:30 Sign-in 5:50 Group picture 6:00 Mass start

Pit-stop: Tim Hortons, 151 City Centre Drive

If it's not raining at the start, we will sign-in and start at the Mississauga Celebration Square (<u>corner of Burnhamthorpe Rd and Duke of York Blvd</u>). BUT, if it's raining at the start, we may make Tim Hortons our start location.

Arrangement for group picture: Girls sitting in front of steps, next – one row of guys kneeling behind the girls, guys fill in on steps behind them. Be there at 5:50, so everyone can start at 6:00.

There are too many "ghost bikes" on our streets and roads. Obey the traffic laws. Don't blow any stop lights. Helmets are mandatory on all TBN rides. Be aware of your surroundings. Ear buds, headphones and alcohol while riding are against TBN policy. Stop to answer your phone. Be sure your lights are turned on by dusk.

Special announcements:

We have a guest rider (Brian) from Wales, which makes this the trans-Atlantic Hairshirt. Ron Clark has registered. If he finishes, he will set a new record for the most Hairshirts (15). (How's that for pressure!!)

Weather forecast is wet and cool. Be prepared for riding in this. ALSO, be prepared if you are forced to stop riding – that's when you can get badly chilled.

Detours on the route: We have driven the route with the Winston Churchill finish and there were no detours as of Thursday. We did not preview the Third Line finish.

If you come across a detour, send an e-mail ASAP to hairshirt@tbn.ca

Dangerous spot in Welland: At 141.4 km, on Ontario Rd, across from Tim Hortons, the pavement has been stripped out. This has created a sharp drop going into the dug-out, and a wheel-wrecking ridge at the other side. Maybe go on the other side of the street, or on the sidewalk.

Reporting your time. It's on the honour system. Your Hairshirt time is your total elapsed time, which is equal to your moving time plus your stopped time. Take note of the clock when you leave the start. Read the time on your watch when you get back to the start location. The number of hours and minutes between those two times is your Hairshirt time. If you come in with a group, collaborate with them and agree on your finishing time. If you arrived at a lift bridge and had to wait because the bridge was up, you may report your Hairshirt time as your total elapsed time minus your wait time.

Questions? Comments? Willing to volunteer for next year? email me by noon Saturday.

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