July 2016

ANCASTER ASCENSION (91 km)

Interval Cumulative **Start: Shopping Centre in Waterdown, near Tim Horton's, corner of HWY 5 & Hamilton Rd, Waterdown**

Interval	Cumulative		
0.0	0.0	↱	Leave East Exit to Mall
.1	.1	◀┼	Dundas St. (HWY 5)
.3	.4	→	Main Street
1.0	1.4	◀┬	Snake Rd
2.1	3.5	→	Old York Rd
2.5	6	→	Old Guelph Rd
1.1	7.1		Bear Left onto Patterson Rd
1.6	8.7	↱	Valley Rd
.5	9.2	◀┬	Rock Chapel Rd
1.7	10.9		Straight onto Sydenham Rd
.4	11.3		Cont Straight onto Harvest Rd (do not bear left on Sydenham)
3.6	14.9		Veer left onto Crooks Hollow Rd
1.8	16.7	↱	HWY 8
.4	17.1	◀	Weirs Rd
2.1	19.2	↱	Governors Rd (busy road)
3.4	22.6	▶	Old Governors Rd (the 2nd time you see it)
.3	22.9	▶	Inksetters Rd
2.6	25.5	◀┬	Concession 2
8.6	34.1	↑	Lynden Rd (Short version turns left)
5.1	39.2	→	Harrisburg Rd
1.3	40.4	◀┼	HWY 5
3.3	43.7	◀┼	Main Street **(St George, Lunch Option A)** continue on Main
1.7	45.4	◀	German School Rd
2.8	48.2	↱	Harrisburg Rd
2.6	50.8	◀┬	Governors Rd
1.8	52.6	→	Weirs Rd
3.3	55.9		continue onto Misener Rd
.8	56.7	◀┬	Jerseyville Rd

(OPTION: Join onto 77k route at Rail Trail, or continue on Jerseyville)

8.7	65.4		straight through roundabout to continue on Jerseyville

1.0 71.8 ◀ **LUNCH: In Ancaster at Tim Horton's, rejoin short route,** cont on Wilson Rd

.9 72.7 ▶ Hendry Rd (partway down hill on Wilson, busy road)

.5 73.2 ◀ Montgomery Rd (cross lights at Wilson)

.2 73.4 ▶ Old Dundas Rd

.5 73.9 ▶ Continue on Old Dundas Rd

1.9 75.8 Bear right onto Old Ancaster Rd

1 76.8 ◀ Ogilvie Rd

.8 77.6 ◀ King St (Dundas)

.2 77.8 ▶ Sydenham Rd (begin Clara's Climb)

3.0 80.8 continue straight onto Rock Chapel Rd (do not bear left on Sydenham)

1.7 82.5 ▶ Valley Rd

.5 83 ◀ Patterson Rd

1.6 84.6 Continue straight onto Old Guelph rd

1.1 85.7 ◀ Old York Rd

2.5 88.2 ◀ Snake Rd

2.1 90.1 ▶ Main Street

1.0 91.1 ◀ Dundas (HWY 5) Waterdown

.4 91.5 ▶ **Shopping Mall in Waterdown**