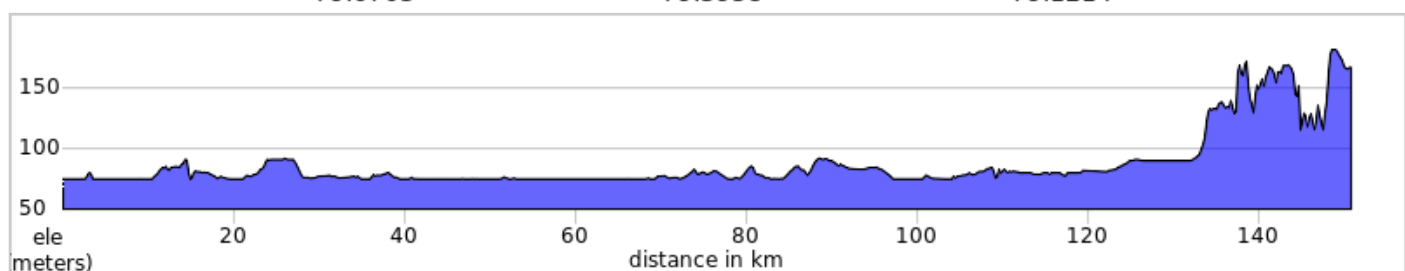
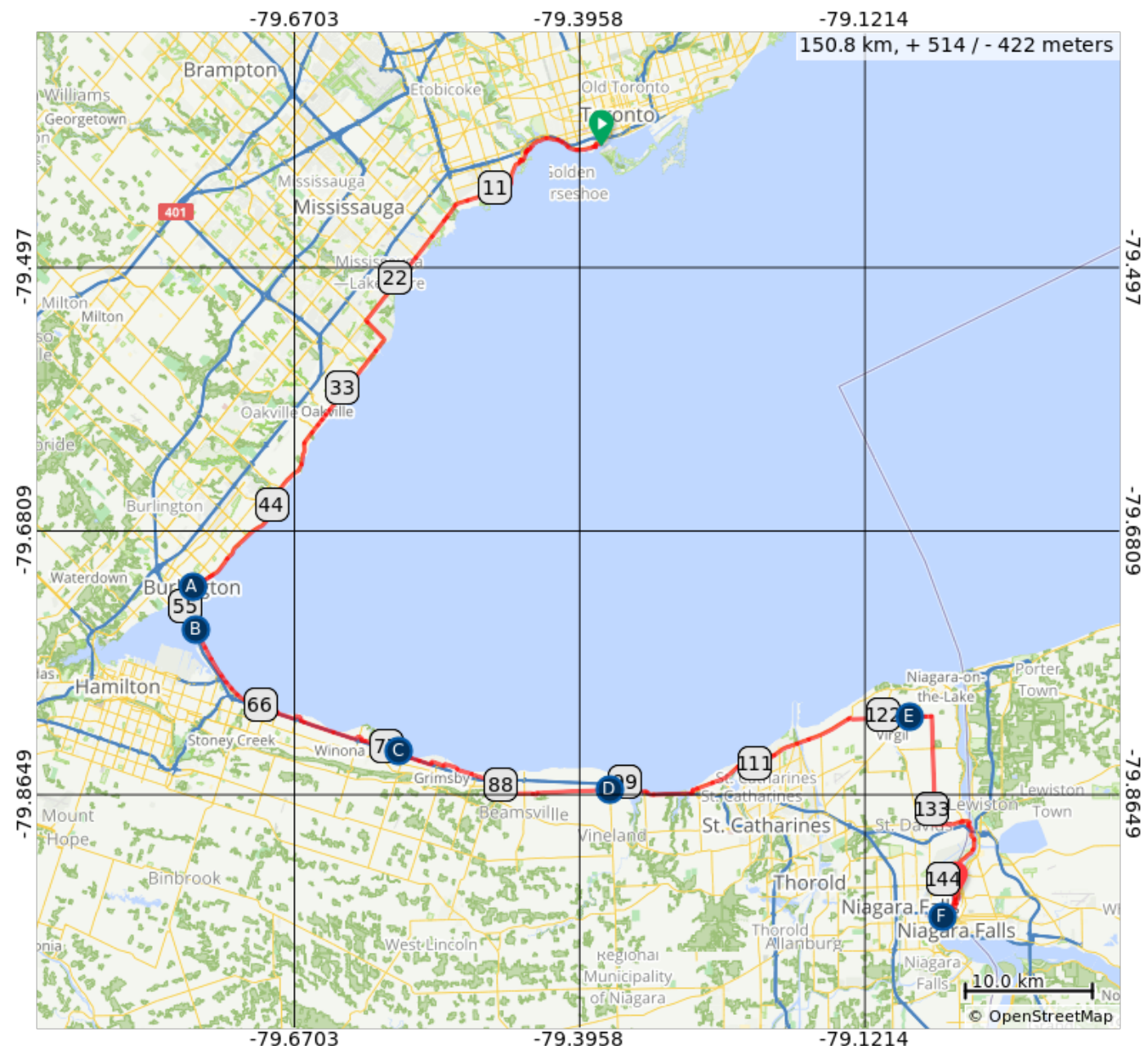


Toronto to Niagara Falls



Toronto Bicycling Network's Easy Roller ride to Niagara Falls from Toronto's Coronation Park.

A.	Official Coffee Stop: Lakeshore Coffee House. Lakeshore/Brant	D.	Official lunch stop: Grand Oak Culinary Market At Green Lane/Victoria Ave.
B.	Optional Restroom & Water break after the Lift Bridge in Hamilton.	E.	Official Ice cream break: McDonald or Picard
C.	Optional coffee/washroom Tim Hortons, Grimsby	F.	Applebee's, for dinner. 5657 Victoria Ave



Toronto to Niagara Falls

Dist	Type	Note	Next
0.0	📍	Start of route	7.7
7.7	←	Start from Coronation Park and following Martin Goodman Train. Turn L onto Lake Shore Blvd W.	18.3
26.0	←	L onto Southdown Rd S	27.1
53.1	☒	Official Cafe Stop. Lakeshore Coffee House at 2007 Lakeshore Rd.	0.7
53.9	←	L to stay on Lakeshore Rd	2.1
55.9	←	L onto Eastport Dr	0.8
56.7	→	R at first road after the bridge.	0.2
56.9	→	R onto Breezeway Trail	7.9
64.8	→	Slight R to stay on Waterfront Trail	0.1
64.9	←	L onto Breezeway Trail	0.3
65.2	→	R onto Grays Rd	0.1
65.3	←	L onto Frances Ave	1.6

65.3 kilometers. +68/-68 meters

Dist	Type	Note	Next
67.0	→	R toward Frances Ave	0.0
67.0	←	L onto Frances Ave	0.2
67.1	→	R onto Millen Rd	0.1
67.3	←	L onto N Service Rd	1.6
68.9	→	Slight R onto Lakeview Dr	5.9
74.8	←	L onto Lockport Way	0.1
74.9	→	R onto Baseline Rd	0.6
75.4	↑	Continue onto Winston Rd	2.4
77.8	→	R onto Windward Dr	0.0
77.9	☒	Optional stop: at Tim Hortons near Casablanca	0.1
77.9	→	R onto N. Service Rd.	3.0
81.0	→	R onto Olive St	1.0
82.0	←	L onto Ontario St	0.2
82.1	→	R onto Lake St	3.6

16.8 kilometers. +28/-27 meters

Dist	Type	Note	Next
85.7	↑	Continue onto N Service Rd	1.1
86.8	←	L onto Mountainview Access Rd	0.4
87.2	→	R onto Mountainview Rd	1.3
88.5	←	L onto Greenlane	2.5
91.1	←	L onto Bartlett Rd S	0.1
91.2	→	R onto Greenlane	5.8
97.0	←	Official Lunch stop at R. GRAND OAK COUNTRY MARKET. Turn L onto Victoria Ave	0.5
97.5	→	R onto N Service Rd	6.7
104.3	←	L onto Gregory Rd N	0.3
104.5	→	R onto Lakeshore Rd W becomes Main St.	4.6
109.2	→	R onto Lock St. Optional ice-cream break	1.1
110.2	←	L onto Lakeshore Rd.	9.0

28.1 kilometers. +44/-46 meters

Dist	Type	Note	Next
119.2	→	R onto East & West Line	6.4
125.6	→	R onto Concession 2 Rd	8.5
134.1	←	L onto York Rd/Niagara Regional Rd 81	2.4
136.5	→	R onto Niagara River Recreation Trail	1.1
137.5	↑	At the roundabout, take the 3rd exit and stay on Niagara Pkwy. Or use the trail for less traffic.	10.6
148.1	→	R onto Clifton Hill	0.4
148.5	→	R onto Victoria Ave	0.2
148.7	☒	SUPPER BREAK at Applebee's (on your left).	0.2
148.9	→	R onto Palmer Ave	0.2
149.1	→	R onto Olympic Torch Run Legacy Trail	1.7
150.8	📍	End of route	0.0

40.6 kilometers. +302/-217 meters