

TBN Credit River Tour

0.	▀	Start of route	0.0	0.1
1.	→	R onto Catherine St	0.1	0.1
2.	↑	Continue onto Old Mill Rd	0.1	0.7
3.	↑	Continue onto The Kingsway	0.9	0.3
4.	←	L onto King Georges Rd	1.2	0.8
5.	←	L onto Royal York Rd	2.0	5.2
6.	→	R onto Murrie St	7.2	0.4
7.	↑	Continue onto Birmingham St	7.6	3.0
8.	→	R onto Lake Promenade	10.6	5.5
9.	→	R to stay on Waterfront Trail	16.1	1.1
10.	←	Waterfront Trail turns slightly L and becomes Richey Crescent	17.2	0.5
11.	→	Waterfront Trail turns R and becomes Cumberland Dr	17.7	0.9
12.	←	L onto Wanita Rd	18.6	0.9

18.6 kilometers. +54/-67 meters

13.	↑	Continue onto Helene St S	19.5	0.1
14.	←	L onto Port St E	19.5	0.3
15.	→	R onto Waterfront Trail towards bridge.	19.8	0.1
16.	←	L at fork between the bridge and Waterfront Trail	19.9	0.2
17.	←	Slight L on path	20.1	0.2
18.	←	L toward Park St E	20.3	0.0
19.	→	Slight R toward Park St E	20.4	0.1
20.	←	L onto Stavebank Rd	20.5	3.1
21.	←	L onto Atwater Ave	23.6	3.2
22.	→	R dismount and use pedestrian bridge over the QEW	26.8	0.2
23.	→	R onto Insley Rd, and remount your bicycle.	27.0	0.2
24.	→	R onto Henley Rd	27.2	0.3
25.	←	L onto Stanfield Rd	27.6	0.9
26.	←	L onto Middlegate Rd	28.5	0.8

9.9 kilometers. +47/-13 meters

27.	→	R onto Haines Rd	29.3	0.7
28.	←	L into plaza towards Tim Hortons.	30.1	0.1
29.	☺	Food break at Tim Hortons 45 minutes	30.2	0.2
30.	←	L towards parkette.	30.4	0.8
31.	→	R onto Flagship Dr	31.2	1.5
32.	←	L onto bike trail.	32.8	0.6
33.	←	L at fork.	33.4	0.1
34.	⚠	Dismount bike, and cross Bloor street to continue on trail.	33.5	0.5
35.	←	L on bike trail	34.0	0.6
36.	⚠	Dismount bike & cross Burnhamthorpe Rd	34.5	0.0
37.	→	R onto Burnhamthorpe Trail	34.6	0.6
38.	→	R onto Rathburn Rd E	35.1	2.3
39.	↑	Continue onto Ponytrail Dr	37.4	3.1
40.	→	R and go up hill.	40.5	0.4

12.0 kilometers. +49/-24 meters

41.	→	R onto Centennial Park Blvd	40.9	0.5
42.	←	L onto Rathburn Rd	41.5	5.3
43.	←	L onto Islington Ave	46.8	0.2
44.	→	R onto Anglesey Blvd	47.0	0.2
45.	←	L onto Wimbleton Rd	47.2	1.7
46.	→	R into James Gardens.	48.8	0.0
47.	→	R	48.9	0.0
48.	☐	Restroom break	48.9	0.2
49.	→	R onto path.	49.1	0.2
50.	→	R onto Humber Trail.	49.2	1.7
51.	←	L onto Old Dundas St	51.0	0.1
52.	→	R onto Lundy Ave	51.0	0.0
53.	→	R onto Humber Trail.	51.1	2.4
54.	▀	End of route	53.5	0.0

12.9 kilometers. +44/-93 meters

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53.5 km, +205 / -206 m

