High Park to the Evergreen Brickworks


| 0. | $\uparrow$ | Start of route | 0.0 | 0.1 |
| :---: | :--- | :--- | :--- | :--- |
| 1. | $\uparrow$ | Continue straight onto <br> Centre Rd | 0.1 | 0.6 |
| 2. | $\rightarrow$ | Slight R onto Spring Rd | 0.6 | 0.0 |
| 3. | $\leftarrow$ | L onto High Park Blvd | 0.7 | 0.6 |
| 4. | $\leftarrow$ | L onto Sunnyside Ave | 1.3 | 0.1 |
| 5. | $\rightarrow$ | R onto Westminster Ave | 1.4 | 0.6 |
| 6. | $\leftarrow$ | L onto Sorauren Ave | 2.0 | 0.3 |
| 7. | $\rightarrow$ | R onto Dundas St W | 2.3 | 0.2 |
| 8. | $\leftarrow$ | L onto Sterling Rd | 2.5 | 0.0 |
| 9. | $\leftarrow$ | L onto W Toronto | 2.6 | 2.2 |
| 10. | $\rightarrow$ | Railpath |  | 4.7 |
| 11. | $\leftarrow$ | L onto Cariboo Ave | 0.0 |  |
| 12. | $\rightarrow$ | R onto Pelham Ave | 4.9 | 0.2 |
| 13. | $\leftarrow$ | L onto Uxbridge Ave | 5.1 | 0.9 |
| 14. | $\rightarrow$ | R onto St Clair Ave W | 5.9 | 0.0 |
| 15. | $\leftarrow$ | L onto Prescott Ave | 6.0 | 0.4 |
| 16. | $\rightarrow$ | R to stay on Prescott | 6.4 | 0.3 |
|  |  | Ave |  |  |

6.4 kilometers. $+48 /-12$ meters

| 17. | $\uparrow$ | pedestrian overpass | 6.7 | 0.4 |
| :---: | :---: | :--- | :---: | :---: |
| 18. | $\leftarrow$ | L onto McRoberts Ave | 7.0 | 0.2 |
| 19. | $\rightarrow$ | R onto Rogers Rd | 7.3 | 0.2 |
| 20. | $\leftarrow$ | L | 7.4 | 0.9 |
| 21. | $\rightarrow$ | R | 8.3 | 0.1 |
| 22. | $\leftarrow$ | L | 8.4 | 0.5 |
| 23. | $\leftarrow$ | L | 8.9 | 0.0 |
| 24. | $\rightarrow$ | R onto Eglinton Ave W | 8.9 | 0.1 |
| 25. | $\leftarrow$ | L onto Little Blvd | 9.0 | 0.2 |
| 26. | $\leftarrow$ | L onto Bowie Ave | 9.2 | 0.5 |
| 27. | $\uparrow$ | Continue onto York <br> Beltline Trail | 9.7 | 1.1 |
| 28. | $\uparrow$ | Continue straight to stay <br> on York Beltline Trail | 10.8 | 0.9 |
| 29. | $\rightarrow$ | R onto Roselawn Ave | 11.8 | 0.5 |
| 30. | $\uparrow$ | Continue onto Elm <br> Ridge Dr | 12.2 | 0.2 |
| 31. | $\rightarrow$ | R toward Kay Gardner <br> Beltline Trail | 12.4 | 0.1 |
| 32. | $\leftarrow$ | L onto Kay Gardner <br> Beltline Trail | 12.5 | 1.4 |

6.1 kilometers. $+51 /-14$ meters

| 48. | $\rightarrow$ | R onto Pottery Rd | 21.0 | 0.1 |
| :---: | :--- | :--- | :---: | :---: |
| 49. | $\rightarrow$ | R to stay on Pottery Rd | 21.1 | 0.1 |
| 50. | $\rightarrow$R onto Lower Don River <br> Trail/Rte 45 | 21.2 | 1.4 |  |
| 51. | $\rightarrow$Slight R to stay on <br> Lower Don River <br> Trail/Rte 45 | 22.6 | 3.0 |  |
| 52. | $\leftarrow$L to stay on Lower Don <br> River Trail/Rte 45 | 25.6 | 0.8 |  |
| 53. | $\leftarrow$ | L | 26.5 | 0.3 |
| 54. | $\leftarrow$ | L toward Waterfront <br> Trail | 26.7 | 0.1 |
| 55. | $\rightarrow$ | R onto Waterfront Trail | 26.8 | 0.7 |
| 56. | $\leftarrow$ | L onto Lake Shore Blvd <br> E | 27.5 | 0.6 |
| 57. | $\leftarrow$ | L onto Parliament St | 28.1 | 0.2 |
| 58. | $\uparrow$ | Continue onto Queens <br> Quay E | 28.3 | 0.3 |
| 59. | $\leftarrow$ | L onto Dockside Dr | 28.6 | 0.0 |
| 60. | $\rightarrow$ | R onto Waterfront Trail | 28.6 | 0.2 |
| 61. | $\rightarrow$ | R onto Dockside Dr | 28.8 | 0.0 |
| 62. | $\leftarrow$ | L onto Queens Quay E | 28.8 | 2.9 | 8.6 kilometers. $+2 /-20$ meters


| 63. | $\uparrow$ | Continue onto <br> Waterfront Trail | 31.7 | 0.2 |
| :---: | :---: | :--- | :---: | :---: |
| 64. | $\leftarrow$ | Slight L to stay on <br> Waterfront Trail | 32.0 | 0.1 |
| 65. | $\leftarrow$Waterfront Trail turns <br> slightly L and becomes <br> Martin Goodman Trail | 32.1 | 0.1 |  |
| 66. | $\rightarrow$R toward <br> Remembrance Drive | 32.2 | 0.0 |  |
| 67. | $\leftarrow$L onto Remembrance <br> Drive | 32.2 | 0.1 |  |
| 68. | $\rightarrow$ | R toward Martin <br> Goodman Trail | 32.3 | 0.0 |
| 69. | $\rightarrow$R onto Martin Goodman <br> Trail | 32.3 | 0.3 |  |
| 70. | $\leftarrow$ | L onto Remembrance <br> Dr | 32.6 | 0.3 |
| 71. | $\rightarrow$R onto Martin Goodman <br> Trail | 32.9 | 1.4 |  |
| 72. | $\rightarrow$ | Slight R to stay on <br> Martin Goodman Trail | 34.3 | 2.0 |
| 73. | $\leftarrow$Slight L to stay on <br> Martin Goodman Trail | 36.3 | 1.0 |  |

7.4 kilometers. $+5 /-6$ meters

| 74. | $\rightarrow$ | R onto Colborne Lodge <br> Dr | 37.2 | 0.5 |
| :---: | :---: | :---: | :---: | :---: |
| 75. | $\rightarrow$R onto Colborne Lodge <br> Rd | 37.7 | 0.1 |  |
| 76. | $\rightarrow$R onto Colborne Lodge <br> Dr | 37.8 | 0.6 |  |
| 77. | $\leftarrow$ | L at Centre Rd | 38.4 | 0.1 |
| 78. | $\rightarrow$ | End of route | 38.5 | 0.0 |

