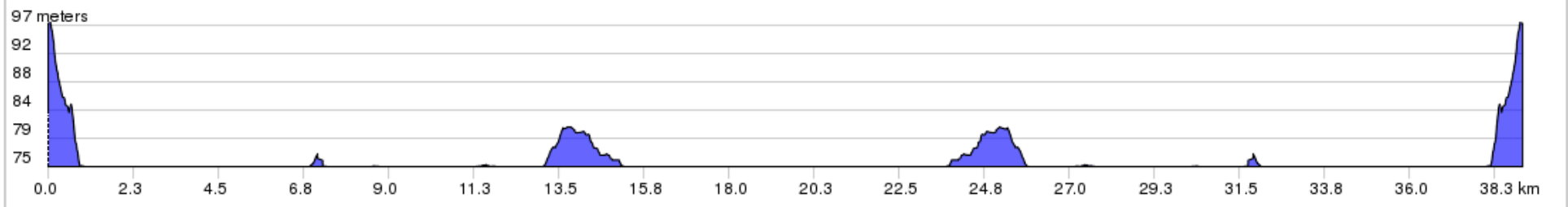
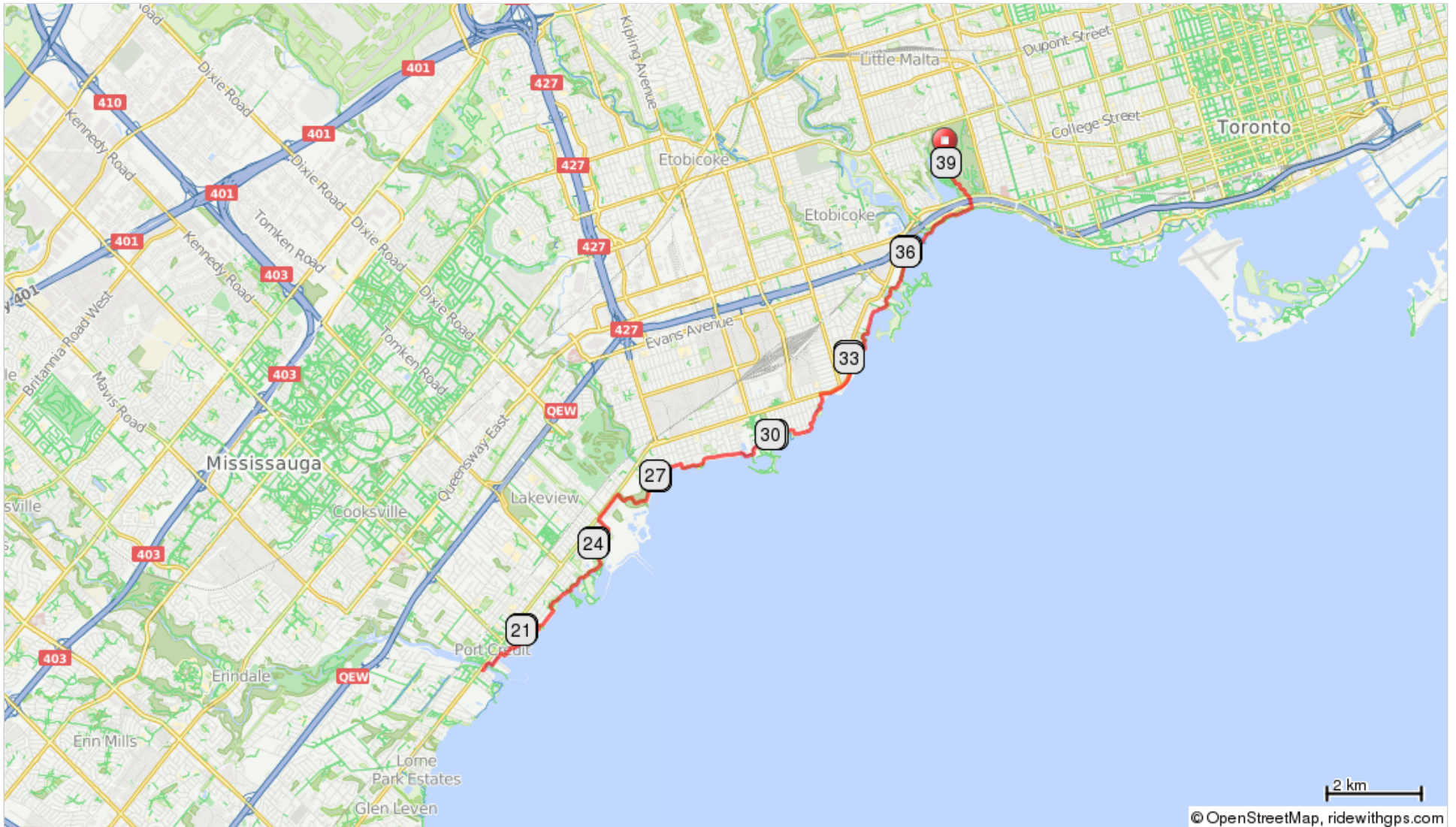


# High Park to Port Credit



High Park to Port Credit

0.	▶	Start of route	0.0	0.1
1.	→	R onto Colborne Lodge Dr	0.1	1.1
2.	→	R onto Martin Goodman Trail	1.2	2.7
3.	←	L to stay on Humber Bay Park East Trail	3.9	0.2
4.	→	Slight R onto Humber Bay Park West Trail	4.0	0.1
5.	←	L to stay on Humber Bay Park West Trail	4.2	0.1
6.	→	Slight R to stay on Humber Bay Park West Trail	4.3	0.2
7.	←	Keep L	4.4	0.6
8.	→	R	5.1	0.5
9.	↑	Continue straight onto Norris Crescent	5.6	0.2
10.	←	L onto Lake Shore Blvd W	5.8	1.4
11.	←	L onto First St	7.1	0.1
12.	↑	Continue onto Lakeshore Dr	7.3	0.1

7.3 kilometers. +2/-22 meters

13.	←	L onto Second St	7.4	0.2
14.	↑	Continue straight onto Lakeshore Dr	7.6	0.1
15.	←	Slight L onto Fourth St	7.7	0.0
16.	→	Slight R onto Lakeshore Dr	7.7	0.1
17.	←	L onto Fifth St	7.9	0.1
18.	↑	Continue onto Lakeshore Dr	8.0	0.5
19.	←	L to stay on Lakeshore Dr	8.4	0.2
20.	←	L onto Eleventh St	8.6	0.1
21.	→	R onto Lakeshore Dr	8.8	0.7
22.	←	L	9.5	0.2
23.	→	Slight R	9.7	0.3
24.	←	L onto Lake Promenade	10.0	1.1
25.	←	L to stay on Lake Promenade	11.1	0.3
26.	→	Lake Promenade turns R and becomes Thirty Sixth St	11.3	0.1
27.	←	L onto Lake Promenade	11.4	0.5

4.1 kilometers. +0/-0 meters

28.	←	Slight L onto Waterfront Trail	12.0	0.3
29.	←	L to stay on Waterfront Trail	12.3	2.0
30.	←	Slight L to stay on Waterfront Trail	14.3	0.9
31.	←	Slight L to stay on Waterfront Trail	15.2	0.3
32.	←	Slight L to stay on Waterfront Trail	15.5	0.0
33.	→	R to stay on Waterfront Trail	15.5	0.4
34.	→	Slight R to stay on Waterfront Trail	15.9	0.0
35.	→	Keep R to stay on Waterfront Trail	15.9	0.3
36.	←	L to stay on Waterfront Trail	16.3	0.2
37.	→	Waterfront Trail turns slightly R and becomes Hampton Crescent	16.4	0.1
38.	←	L onto Waterfront Trail	16.5	0.1

5.1 kilometers. +6/-6 meters

39.	←	Waterfront Trail turns slightly L and becomes Richey Crescent	16.6	0.1
40.	↑	Continue onto Waterfront Trail	16.7	0.3
41.	←	L to stay on Waterfront Trail	17.0	0.1
42.	→	Waterfront Trail turns R and becomes Cumberland Dr	17.1	0.9
43.	←	L onto Wanita Rd	18.0	0.2
44.	←	L onto Elmwood Ave S	18.2	0.1
45.	→	Elmwood Ave S turns R and becomes Waterfront Trail	18.3	0.5
46.	↑	Continue onto Helene St S	18.8	0.1
47.	←	L onto Port St E	18.9	0.4
48.	↑	Continue straight onto Waterfront Trail	19.3	0.1
49.	↑	Continue straight to stay on Waterfront Trail	19.4	0.1

2.9 kilometers. +0/-0 meters

50.	☞	FOOD BREAK at Starbucks, or for the more adventurous at The Guilty Dog Coffee House at Lakshore, just west of Mississauga Road.	19.5	0.2
51.	→	Slight R	19.7	0.4
52.	→	R onto Helene St S	20.1	0.6
53.	←	Waterfront Trail turns L and becomes Elmwood Ave S	20.7	0.1
54.	→	R onto Wanita Rd	20.8	0.2
55.	→	R onto Cumberland Dr	21.1	0.9
56.	←	Cumberland Dr turns L and becomes Waterfront Trail	21.9	0.1
57.	→	R to stay on Waterfront Trail	22.1	0.3
58.	↑	Continue onto Richey Crescent	22.3	0.1
59.	→	Richey Crescent turns slightly R and becomes Waterfront Trail	22.4	0.1

3.0 kilometers. +0/-0 meters

60.	→	R onto Hampton Crescent	22.6	0.1
61.	←	Hampton Crescent turns slightly L and becomes Waterfront Trail	22.6	0.2
62.	→	R to stay on Waterfront Trail	22.8	0.2
63.	→	Slight R to stay on Waterfront Trail	23.0	0.1
64.	←	Slight L to stay on Waterfront Trail	23.2	0.4
65.	←	L to stay on Waterfront Trail	23.5	0.0
66.	→	Slight R to stay on Waterfront Trail	23.6	0.3
67.	→	Slight R to stay on Waterfront Trail	23.9	2.9
68.	→	R to stay on Waterfront Trail	26.8	0.0
69.	←	Slight L to stay on Waterfront Trail	26.8	0.3

4.4 kilometers. +6/-6 meters

70.	→	Waterfront Trail turns slightly R and becomes Lake Promenade	27.1	0.5
71.	→	R onto Thirty Sixth St	27.6	0.1
72.	←	Thirty Sixth St turns L and becomes Lake Promenade	27.7	0.3
73.	→	R to stay on Lake Promenade	28.0	1.1
74.	→	R at Twenty Third St	29.1	0.5
75.	→	R	29.5	0.7
76.	←	L onto Eleventh St	30.3	0.1
77.	→	R onto Lakeshore Dr	30.4	0.2
78.	→	R to stay on Lakeshore Dr	30.6	0.5
79.	↑	Continue onto Fifth St	31.1	0.1
80.	→	R onto Lakeshore Dr	31.2	0.1
81.	←	Slight L onto Fourth St	31.3	0.0
82.	→	Slight R onto Lakeshore Dr	31.3	0.3
83.	←	Slight L onto Second St	31.6	0.1
84.	→	R onto Lakeshore Dr	31.7	0.1

4.9 kilometers. +0/-0 meters

85.	←	Slight L onto First St	31.8	0.1
86.	→	R onto Lake Shore Blvd W	31.9	1.4
87.	→	R onto Norris Crescent	33.3	0.7
88.	←	L	34.0	0.6
89.	↑	Continue straight onto Humber Bay Park West Trail	34.6	0.1
90.	←	Slight L to stay on Humber Bay Park West Trail	34.7	0.1
91.	→	R to stay on Humber Bay Park West Trail	34.8	0.1
92.	←	Humber Bay Park West Trail turns slightly L and becomes Humber Bay Park East Trail	35.0	0.2
93.	→	R to stay on Humber Bay Park East Trail	35.2	2.7
94.	←	L onto Colborne Lodge Dr	37.8	1.1
95.	←	L at Centre Rd	39.0	0.1
96.	▀	End of route	39.0	0.0

7.4 kilometers. +23/-2 meters