

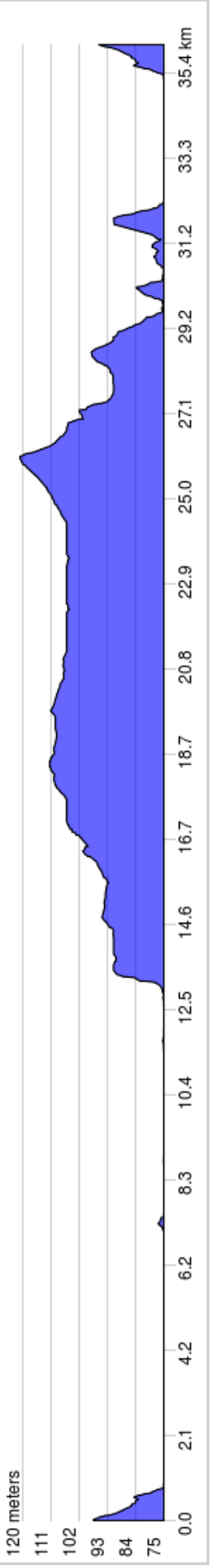
# High Pk-Lakesh-Sherway v2



36.1 km, + 116 / - 117 meters



1.0 km  
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Toronto Bicycling Network's Saturday Morning Ride: High Park–Lakeshore–Sherway v2

1.	0.0	▣	Start of route	0.0
2.	0.0	→	R onto Colborne Lodge Dr	1.1
3.	1.2	→	R onto Martin Goodman Trail	1.4
4.	2.6	↑	Continue onto Humber Bay Park E Trail	0.2
5.	2.7	→	Slight R to stay on Humber Bay Park E Trail	1.1
6.	3.8	←	L to stay on Humber Bay Park E Trail	0.2
7.	4.0	→	Slight R onto Humber Bay Park W Trail	0.1
8.	4.2	←	L to stay on Humber Bay Park W Trail	0.1
9.	4.2	→	Slight R to stay on Humber Bay Park W Trail	0.8
10.	5.0	→	R	0.1
11.	5.2	←	Slight L toward Norris Crescent	0.1
12.	5.3	→	Slight R toward Norris Crescent	0.2

5.3 kilometers. +0/-23 meters

13.	5.5	↑	Continue onto Norris Crescent	0.2
14.	5.7	↑	Continue onto Norris Crescent	0.2
15.	5.9	←	L onto Lake Shore Blvd W	1.4
16.	7.3	←	L onto First St	0.1
17.	7.4	↑	Continue onto Lakeshore Dr	0.1
18.	7.5	←	L onto Second St	0.2
19.	7.7	↑	Continue onto Lakeshore Dr	0.1
20.	7.9	←	Slight L onto Fourth St	0.0
21.	7.9	→	Slight R onto Lakeshore Dr	0.1
22.	8.0	←	L onto Fifth St	0.1
23.	8.1	↑	Continue onto Lakeshore Dr	0.5
24.	8.6	←	L to stay on Lakeshore Dr	0.2
25.	8.8	←	L onto Eleventh St	0.1
26.	8.9	→	R onto Lakeshore Dr	0.7

3.6 kilometers. +1/-1 meters

27.	9.7	←	L	0.2
28.	9.8	→	Slight R	0.3
29.	10.1	←	L onto Lake Promenade	1.1
30.	11.2	←	L to stay on Lake Promenade	0.3
31.	11.5	→	Lake Promenade turns R and becomes Thirty Sixth St	0.1
32.	11.6	←	L onto Lake Promenade	0.5
33.	12.1	←	Slight L onto Waterfront Trail	0.3
34.	12.4	→	R	2.0
35.	14.4	→	R	0.1
36.	14.5	→	Slight R onto Horner Ave	1.1
37.	15.6	←	L onto Aldercrest Rd	0.8
38.	16.4	→	R onto Lanor Ave	0.1
39.	16.5	←	L onto Beta St	0.3
40.	16.8	←	L onto Evans Ave	0.1
41.	16.9	→	R onto The East Mall	1.1
42.	18.0	←	L onto N Queen St	2.8

9.1 kilometers. +38/-4 meters

43.	20.8	←	L onto Kipling Ave	0.1
44.	20.9	→	R onto Jutland Rd	1.0
45.	21.9	←	L onto Islington Ave	0.0
46.	22.0	→	R onto Ambleside Ave	0.3
47.	22.3	←	L onto Chartwell Rd	0.6
48.	22.9	→	R onto Norseman St	0.7
49.	23.6	←	L onto Royal York Rd	2.4
50.	26.0	→	R onto Government Rd	0.9
51.	26.9	←	L onto Kingsway Crescent	0.2
52.	27.2	→	R onto Old Dundas St	0.2
53.	27.3	↑	Continue onto Home Smith Park Rd	1.9
54.	29.2	←	L onto Old Mill Rd	0.2
55.	29.4	→	Slight R	0.7
56.	30.2	→	Slight R onto Humber River Recreational Trail	0.5
57.	30.7	↑	Continue onto Humber Valley Rd	0.5
58.	31.1	←	L onto Riverwood Pkwy	0.2

13.2 kilometers. +36/-65 meters

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59.	31.3	→	R onto Stephen Dr	0.5
60.	31.9	←	L onto Humber River Recreational Trail	1.1
61.	33.0	←	L to stay on Humber River Recreational Trail	0.1
62.	33.0	←	L to stay on Humber River Recreational Trail	0.6
63.	33.6	→	R onto Martin Goodman Trail	1.4
64.	35.0	←	L onto Colborne Lodge Dr	1.1
65.	36.1	▀	End of route	0.0

**LEGEND TO COLUMN HEADINGS  
(LEFT to RIGHT)**

1. Cue Sheet number, corresponds to green map point numbers
2. Distance from the starting point in kilometres
3. Direction symbol
4. Directions explanation/description
5. Distance to next event/turn in kilometres

**ON THE MAP:**

1. Numbers with a white box around it, are the distance marker
2. Numbers with a green circle around it, are the cue sheet marker

5.0 kilometers. +30/-16 meters

